

Texas Home Visiting Program: A Two-Generation Approach to Supporting Texan Families

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Evaluation

- Evaluation of implementation and outcomes in THV
- Expectations are guided by the evidence from Random Control Trials
 - Gold-standard of research
 - Increase probability of improved outcomes, but do not guarantee them
- Some promising, but still very preliminary findings in THV
 - THV programs averaged together to produce findings

How does THV support families?

What the data say:

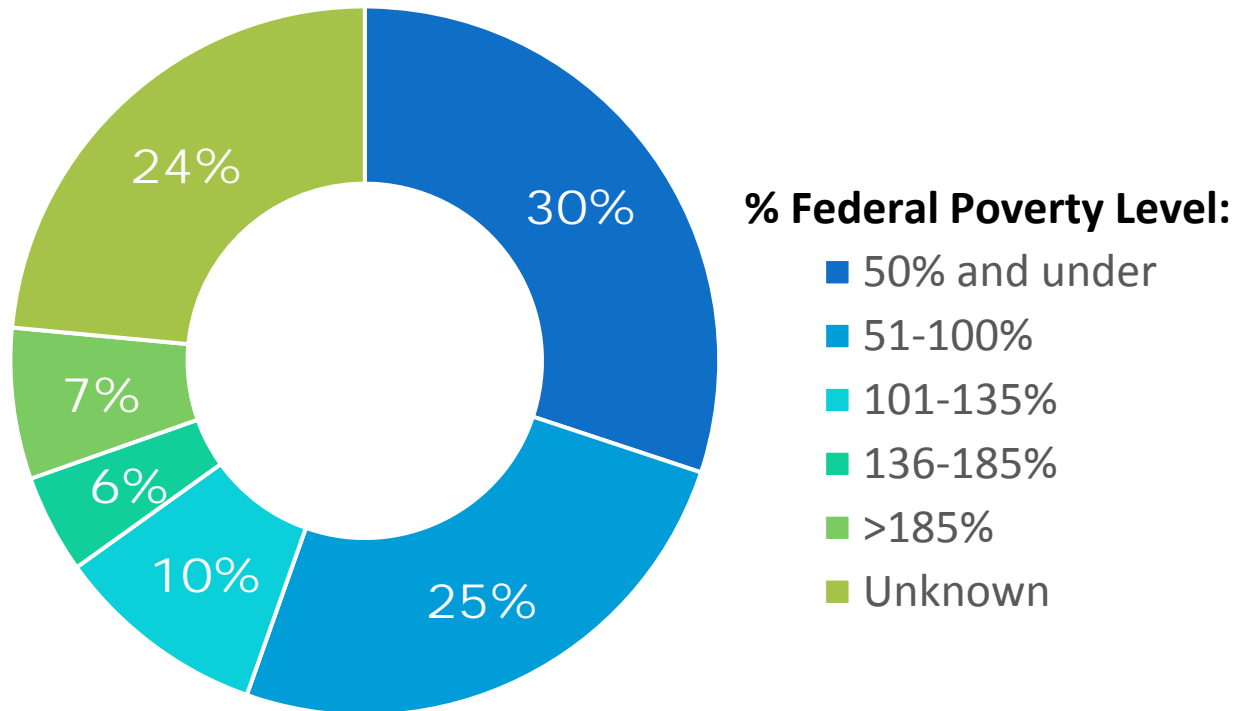
- Supporting high-risk Texas families
- Compared to the RCTs:
 - Higher likelihood of breastfeeding
 - Increasing amount of days spent reading with child
 - Lower rates of child abuse and neglect
- Increasing family self-sufficiency
- More screenings than referrals

What the parents say:

- Increased confidence in and knowledge about parenting
- Access to other services
- School readiness
- Increased sense of support

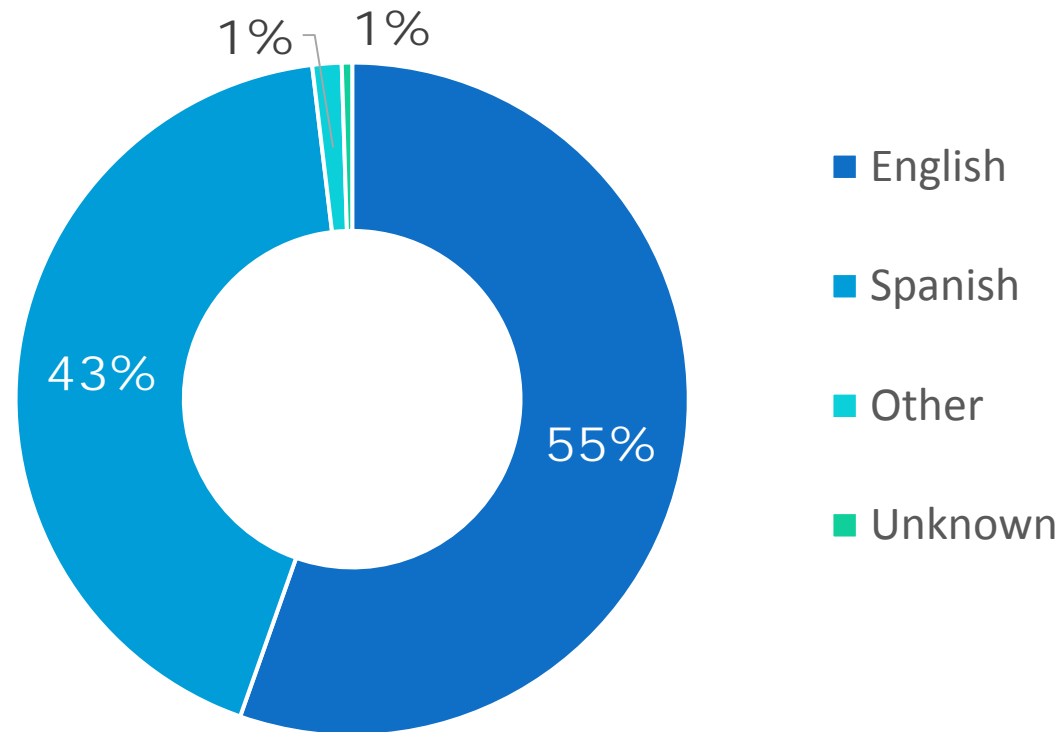
Serving high-risk Texan families

More than two-thirds of families have incomes at or below 185% of FPL
(N = 2,915)



Serving high-risk Texan families

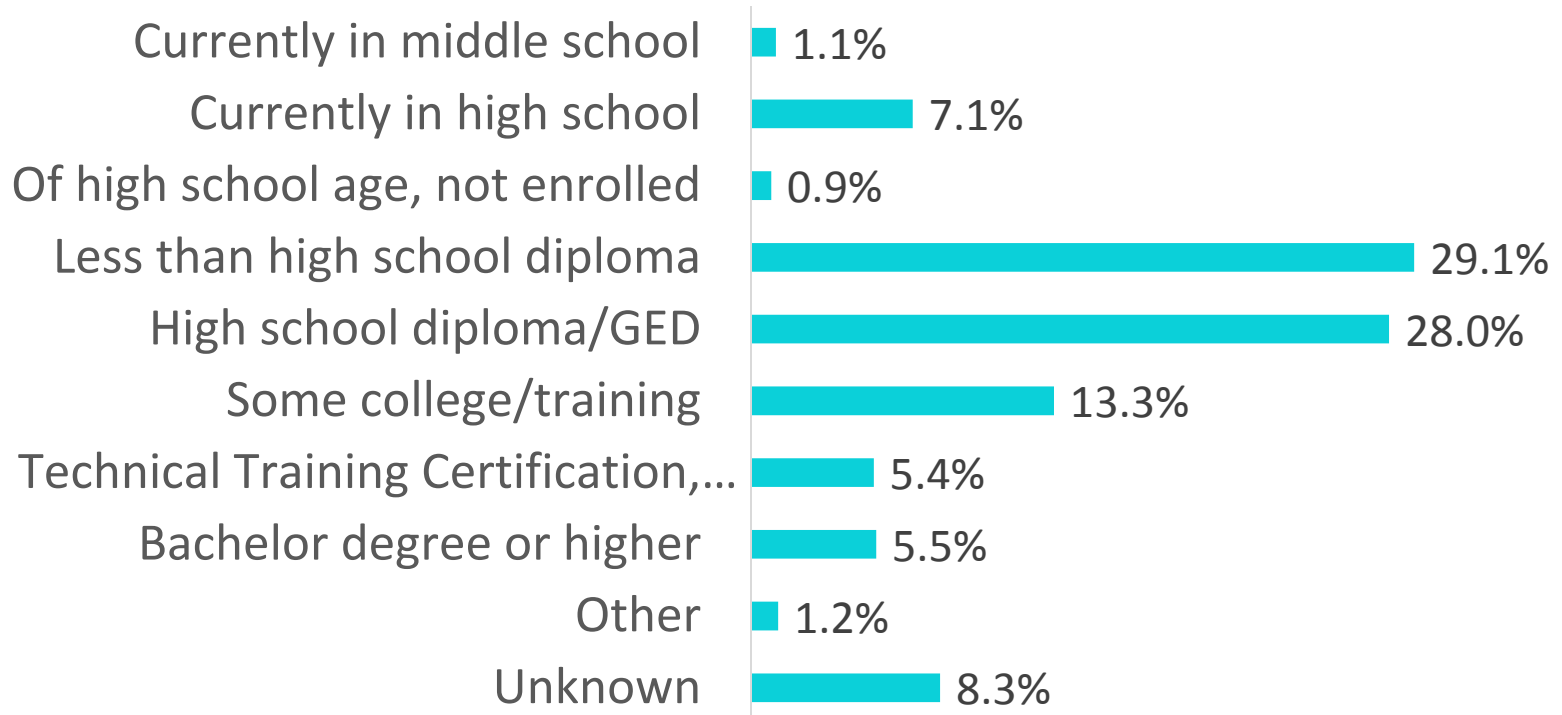
More than 40 percent of families speak Spanish
(N = 2,915)



Serving high-risk Texan families

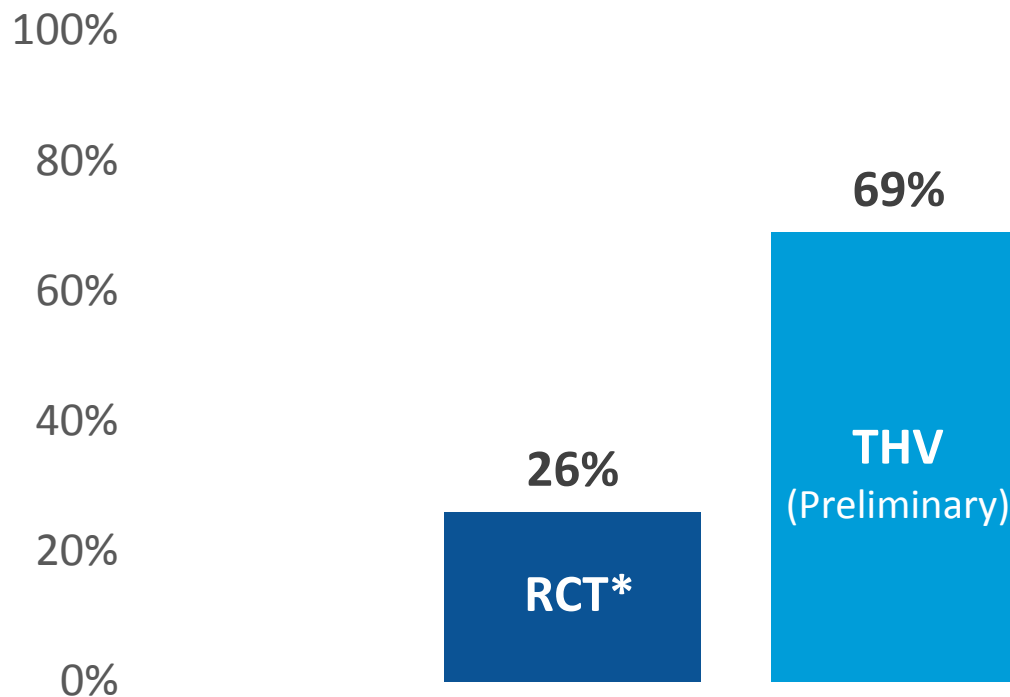
More than a quarter (29.1%) of families do not have a high school diploma

(N = 2,884)



Breastfeeding

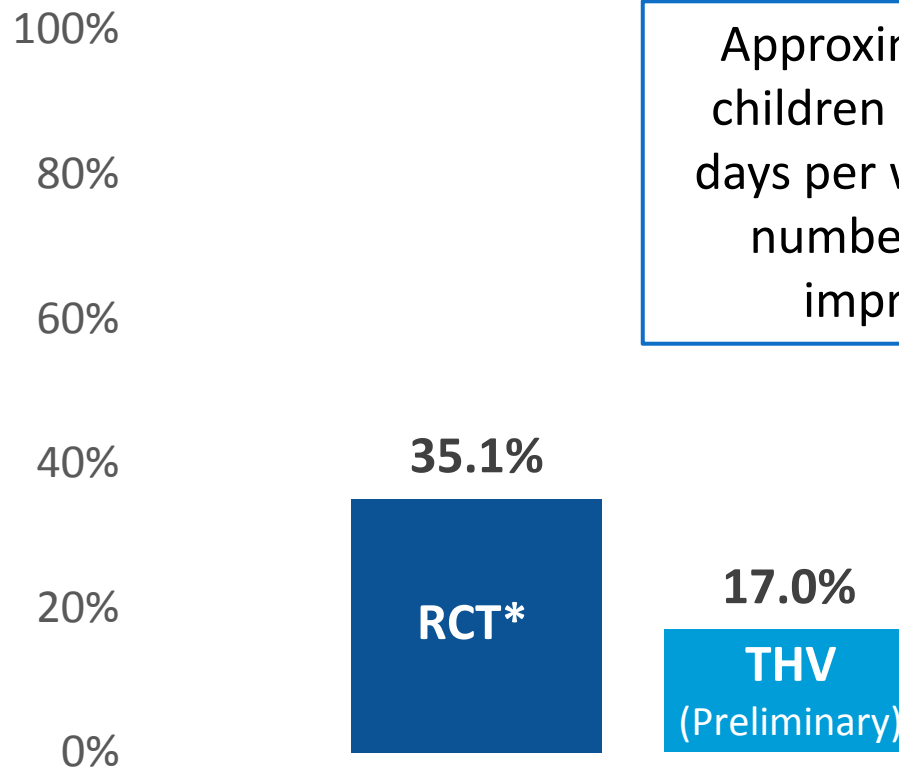
Nearly 70 percent of pregnant enrollees breastfed for at least one week.



*RCT of NFP "attempted breastfeeding"
Source: Kitzman, H., Olds, D. L., Henderson, C. R., Hanks, C., Cole, R., Tatelbaum, R., et al. (1997).

Reading

17 percent of children are read to daily.

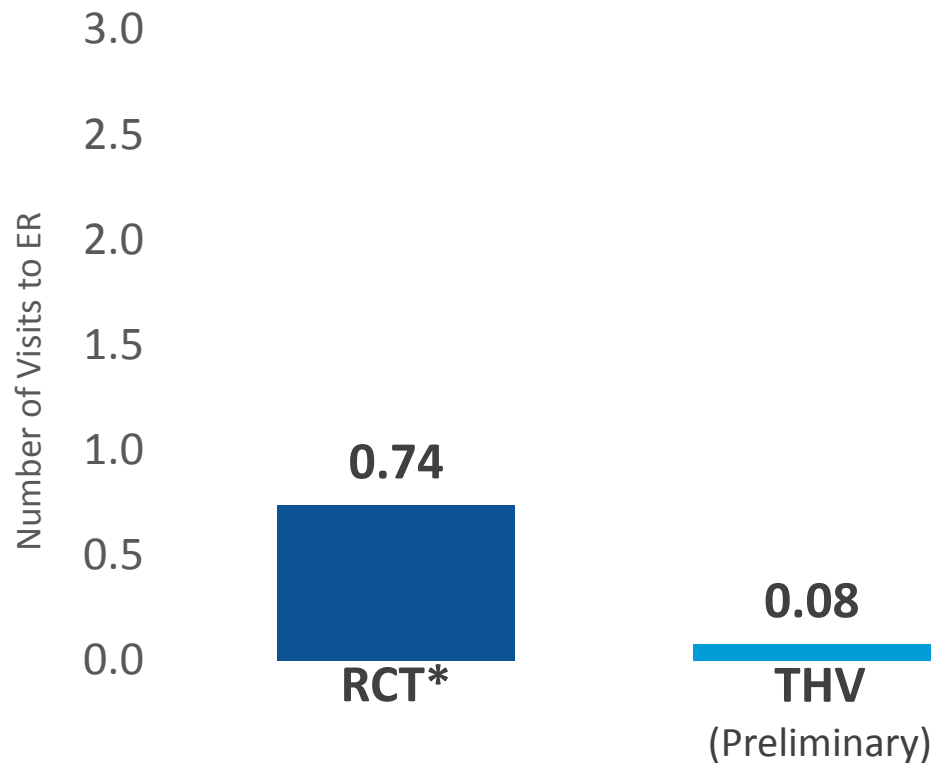


Approximately 33 percent of children are read to at least 5 days per week and the average number of days reading is improving over time.

*RCT of EHS "Daily Reading"
Source: Jones Harden, Chazan-Cohen, Raikes, & Vogel (2012)

Injury Prevention

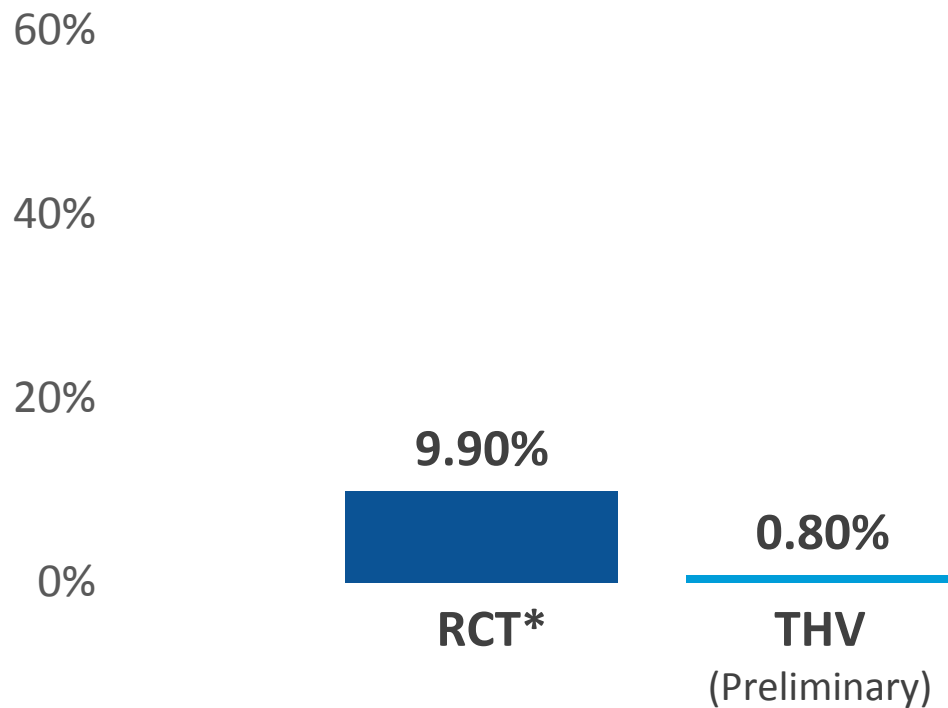
On average, children have had fewer than 1 visit to the ER.



*RCT of NFP "Average number of ER visits, first and second years of life"
Source: Olds, Henderson, Chamberlin, Tatelbaum (1986)

Child Abuse and Neglect

Less than 1 percent of children had a confirmed case of abuse or neglect.

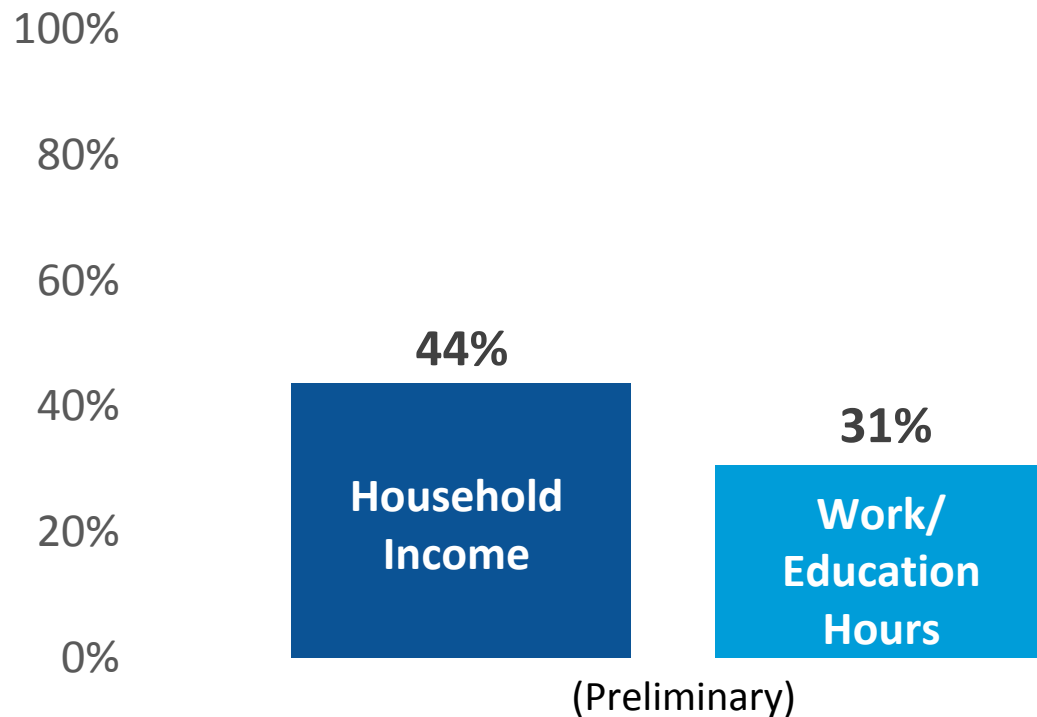


*RCT of HFA "Percent with a confirmed abuse or neglect (HPO subgroup) by age 7"

Source: DuMont, K., Kirkland, K., Mitchell-Herzfeld, S., Ehrhard-Dietzel, S., Rodriguez, M. L., Lee, E., Layne, C., & Greene, R. (2010)

Income, Education, and Work

More than 40 percent of families increased their income and nearly one-third of families increased their school or work hours.



Screenings and Referrals

94%

Families screened for needs twice in their first year in the program

66%

Families with a demonstrated need received a referral during their first year in the program

764

Families enrolled at least 6 months who have received a referral

Confidence and Knowledge

“I feel confident and educated enough in preparation for my baby because of the topics my nurse and I discuss.”

“I also enjoyed teaching my children the information. I felt empowered by the experience.”

“The program has taught me how I can help my child learn.”

“As a single mother this program has been invaluable. I love my nurse, and the information she has provided me has helped me immensely during both my pregnancy and now with a newborn.”

Access to Services

“We have also received benefit from the health screenings provided by Parents as Teachers. With these screenings, we found out that my daughter needed speech therapy.”

“I don’t know what I would have done; I didn’t even know I could get Medicaid so I could go to the doctor and have the baby in the hospital. I’m still so happy I don’t have a huge doctor bill.”

“[Our home visitor] has helped me out with finding programs in East Texas and areas that can assist me with my medical condition.”

School Readiness

“The program has made my child eager to learn and get a head start on what he will learn in school. It is a fun and educational program that lets my child explore, create, and experience new things.”

“My children have gotten to learn things in a new way. I also think their experience has helped them to think critically and outside of the box. The work helped them feel successful and like scientists.”

“As for my child I have noticed great progress in his reading, writing, math and also in his behavior.”

Sense of Support

“She goes above and beyond to help...and having an extra set of hands for a short while every week is such a blessing! Every mom should be so lucky to be in such a program.”

“The nurse is always happy and a positive person in my life who has kept me going strong in this big transition of life. She's always there when I need her or have an emergency question which I need answers for.”

“By going to their groups and getting together with other first time moms and talking about their experiences and what they deal with and knowing I'm not alone and questions and concerns. Knowing that I'm not alone.”

Moving Forward

- Continue to recruit and enroll high-risk Texan families
- Develop engagement strategies to reduce family attrition
 - Same factors that make families high-risk make it difficult for families to remain in program
- Connect THV families with other services
- Monitor how programs are being implemented with fidelity



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